Deconstructing Health
Saturday, October 22, 2022, 8:45A-12P
Alice Haynes Room – Tyler Haynes Commons

AGENDA:

8:30A – 8:45A  Student Check-in & Breakfast
8:45A – 9A   Welcome & Event Overview
9A – 9:15A  Keynote: Dr. Hema Pingali, ’17, MD
9:15A – 9:30A  Alumni Introductions
9:40A – 10:30A  Breakout Session #1
10:40 – 11:30A  Breakout Session #2
11:30 – 12:00P  Networking & lunch

KEYNOTE:

Hema Pingali, MD (she, her), ’17
Internal Medicine Resident | Brigham and Women’s Hospital

After graduating from UR, Hema began medical school at Harvard Medical School, where she participated in student organizations and volunteer activities focused on primary care, environmental health, care of medically and socially vulnerable patients, and home-based care. She graduated from medical school in 2021 and subsequently began her internal medicine training at Brigham and Women’s Hospital in Boston (specifically in the primary care track). After residency, Hema plans on working clinically as a primary care doctor and hospitalist. With her non-clinical time, she is hoping to work on population health interventions, specifically regarding expansion of home-based care for elderly and medically complex populations.

PANELISTS:

Clinical Careers

Jade-Evette Pritchett, MD, ’13
Manager for Clinical Collaborations, Alliance Management | Gilead Sciences, Inc.

Jade is a native of Nassau, Bahamas. She obtained her Bachelor of Science degree from the University of Richmond in 2013 with a double major in Biology and Healthcare & Society. She then attended the University of the West Indies, Mona Campus in Kingston, Jamaica where she obtained her medical degree in 2018 and subsequently completed her medical internship training at the Princess Margaret Hospital in Nassau, Bahamas. Jade is now employed at Gilead Sciences, a research-based biopharmaceutical company that discovers, develops, and commercializes innovative medicines in areas of unmet medical need. Jade is a manager for Clinical Collaborations with a focus in Strategic Oncology Collaborations. Jade is a lover of science and medicine and is an advocate for health equity.

Jen Fuchs (she/her), ’07
Assistant Professor/ Pediatric Hospitalist | UNC Children’s Hospital

Jen is an assistant professor, pediatric hospitalist, and the program director of the pediatric hospital medicine fellowship at UNC Children’s Hospital. She is originally from Pittsburgh, PA, and graduated from the University of Richmond in 2007 with a double major in Biology and Spanish with a minor in Studio Art. During college, she became interested in global health and traveled to Peru as part of an independent study led by Professor Rick Mayes. She obtained her medical degree from Wake Forest University School of Medicine and returned to Richmond to VCU Children’s Hospital for a residency in pediatrics, followed by fellowship in
pediatric hospital medicine at Texas Children’s Hospital. She previously worked at Dallas Children’s before moving to UNC four years ago.

**Kim Waters, PA (she/her), ’15**  
Physician Assistant | OrthoVirginia/Radford University Carilion

Kim graduated UofR knowing she wanted to be in healthcare, but unsure whether in a policy/administrative setting or clinical setting. While figuring it out, she worked for a healthcare consulting firm in Richmond and volunteered at a local rescue squad. Ultimately, Kim wanted to pursue a clinical career and chose a PA program in Roanoke. After graduation, she worked with an orthopedic spine surgeon in Fredericksburg. She moved to Richmond about two years ago and has been working at OrthoVirginia’s Ortho On Call treating walk-in acute and chronic orthopedic issues.

**Gap Year Experiences/Graduate school**

**Lindsay Pett (she/her), ’21**  
MSPH Student in Epidemiology | Emory University, Rollins School of Public Health

Lindsay is currently working towards her MSPH in Epidemiology at Emory University. She is a current intern with Berkeley Research Group as a Healthcare Data Analyst.

**Madison Nguyen, M.D. (she/her), ’18**  
Internal Medicine Resident Physician | VCU Hospital/Wake Forest School of Medicine

Madison graduated from UR with a biochemistry major in 2018. She knew she wanted to apply to medical school and took all prerequisite courses while still managing to study abroad. Most of her final year at UR was spent working on her application and touring schools for interviews. She was drawn to the Wake Forest School of Medicine for the broad clinical exposure, diverse patient population, and opportunities for mentorship. Madison started medical school at Wake Forest the summer after graduation. After going through the Match process for residency programs, she was delighted to move back to Richmond and start her job as an internal medicine resident at VCU!

**Toni Hopson (she/her), ’18**  
Clinical Laboratory Scientist II | UVA Health System

After graduating from the University of Richmond in 2018, Toni took a gap year and completed requirements needed to attend the Bachelor of Science Medical Laboratory Science program at the Virginia Commonwealth University in 2020. Her course work included the areas of hematology, urinalysis and body fluids, phlebotomy, microbiology, immunology, clinical chemistry and instrumentation, transfusion medicine, and molecular diagnostics. She performed her clinical rotations at the University of Virginia Health System where she received a scholarship to work 2 years in their Microbiology Department. Toni graduated from VCU in 2022 and earned her certification as a Medical Laboratory Scientist from the American Society of Clinical Pathology.
Tomi Jegede (she/her), ’18
Registered Nurse, Oncology | Duke University

After graduating from the University of Richmond with a B.A. in Healthcare Studies, Tomi was undecided about what career path she should take in healthcare. She worked as a medical assistant in Richmond and quickly became intrigued with nursing. She decided to enroll in Duke University School of Nursing’s Accelerated Bachelor of Science in Nursing program (at the start of the pandemic) and was accepted as a Health Equity Academy Scholar due to her interests in public health and health equity. Tomi thoroughly enjoyed nursing school and is now a chemotherapy infusion nurse at Duke Cancer Center. She also tutors nursing students which speaks to her passion for education. In the near future, she will be working as travel nurse to explore new locations and experiences.

Healthcare Administration & Consulting

Clint Anderson (he/him), ’07
Senior Director, Patient Access | PT Solutions

Clint has spent the last 15 years in various roles in the healthcare industry. His primary focus has been revenue cycle services, but has also worked multiple different Innovation, IT, Process Improvement, and Strategic Planning consulting engagements for various healthcare clients. Within revenue cycle, Clint’s primary areas of focus have been Patient Access, Claims Follow-Up, and Denials Management. He is currently focused on expanding accessibility to care for physical therapy patients, as well as process improvement and automation across our clinics.

Jessica Walradt (she/her), ’10
Director, Performance Based Reimbursement | Northwestern Medicine

Jessica leads advocacy, implementation, and performance management for Northwestern Medicine’s performance-based reimbursement portfolio including all government and commercial value-based programs and contracts. Prior to this, she led the Association of American Medical Colleges’ policy, advocacy, and data analytic efforts surrounding alternative payment models. She directly supported approximately 60 hospitals’ and provider groups’ efforts to implement Medicare bundled payment programs. Jessica holds an MS in Health Policy and Management from the Harvard School of Public Health and a BA in Political Science from the University of Richmond.

Rick Foerster, ’07
SVP, Value-Based Operations | Privia Health

Rick leads Privia Health’s national Value-Based Care and Population Health strategy and operations. Privia is considered one of the newer generations of "physician enablement" companies looking to disrupt the healthcare industry. Rick was Privia’s 6th employee and has been part of a wild ride from startup to IPO, to what is now a $3B company. He has led a range of teams including Implementation, Operations, Customer Service, Training, Communications, and Strategy. Prior to Privia, Rick was a consultant at Mercer advising employers on their health benefits for employees.
Miriam McBride, M.H.A., '17
Assistant Administrator - Cardiac Surgery | Johns Hopkins Medicine

After graduation, Miriam received her Master's in Healthcare Administration for the Johns Hopkins University Bloomberg School of Public Health. Miriam first worked as an intern for the JHM Medical Group and then became a full time Project Manager. After two years as a Project Manager, Miriam transitioned to an operations manager role and oversaw all the clinic and surgical operations as the Senior Administrative Manager for the Division of Gastroenterology. Miriam was recently promoted to be the Assistant Administrator of Cardiac Surgery and the Heart and Vascular Service Line.

Mental Health & Social Services

Ashlee Murphy Reed, LCSW (she, her), '10
Owner/ Mental Health Therapist | Pack Light Counseling, LLC, VCU

From an early age, Ashlee knew she wanted to be a counselor to help strengthen families. While attending U of R, she majored in Sociology, and minored in History. After graduating, she did a dual degree program at Richmond Theological Seminary at Richmond and VCU to receive a Master of Divinity and a Master of Social Work Dual degree. After doing Intensive In-home counseling and treating clients who were in crisis situations, Ashlee decided to become an out-patient therapist. She desired to work with people on a deeper level to help them process their trauma. In 2018, Ashlee opened Pack Light Counseling, LLC as a solo practice. In 2020, she began to hire staff members and expand to other states. Today, they are currently licensed to see clients in Virginia, Maryland, North Carolina, Georgia, and Massachusetts.

Sean O’Brien (he/him), '92
Director, Community Health | Bon Secours Richmond Health System

Sean leads a community health team in Richmond's East End that works through partnerships and direct services to address key social, disparity and infrastructure factors that have negatively affected the lives of our most vulnerable neighbors. This upstream approach lives in the community itself, meeting people where issues of poverty, race and equity have generationally affected where they live, work, and gather. Sean graduated from University of Richmond in 1992 with a bachelor's degree in Spanish and International Studies. He later received his master's degree in Urban Planning from the University of Virginia. He currently serves as Board Chair for ART 180 and is a Board member of the Partnership for Affordable Housing.

Peyton Lassiter, MEd, NCC (he/him), '18
SVP, Value-Based Operations | Thriveworks Counseling

Peyton worked as a hospital pharmacy technician for 11 years before changing careers to become a family counselor. He finished his bachelor's degree at the University of Richmond, then earned a Master's degree in Couples, Marriage, and Family Counseling at William and Mary. Peyton learned how to do both clinical mental health counseling and marriage and family therapy. He has worked in a hospital emergency room as a psychiatrist extender doing assessments, referrals, and admissions to inpatient psychiatry. He has also worked in an outpatient clinic doing individual, couple, and family therapy. Peyton plans on becoming a supervisor and counselor educator and would like to eventually earn his doctoral degree.
Public/Environmental Health, Global Policy, and Research

Aamina Ahmed (she, her), ’21
*Public Health Associate | Centers for Disease Control and Prevention/North Carolina Medicaid*

Through the CDC Public Health Associate Program, Aamina works at North Carolina Medicaid as a Quality Management Associate. She specifically works as the Child & Maternal Health lead. Her role allows her to oversee several quality improvement initiatives that NC Medicaid is currently conducting to improve health outcomes for their beneficiaries.

Courtney Thompson (she/her), ’19
*Management Consultant | Accenture Federal Service*

Courtney Thompson graduated from Richmond in 2019 with a Bachelor of Arts in Health Studies and Psychology. Courtney is a Management Consultant at Accenture Federal Services with experience in project management, human-centered design, interview and roundtable facilitation, business process re-engineering, and is a certified Lean Six Sigma Green Belt. In her time at Accenture, Courtney has supported a number of change management efforts at the U.S. Department of Agriculture. Most recently, Courtney served as the Lead Interviewer and Technical Writer while assisting Food and Nutrition Service (FNS) with their response to a 2018 Farm Bill requirement, which will be submitted to Congress later this year.

Sabrina Munro (she/her), ’22
*Program Specialist | Virginia Neonatal Perinatal Collaborative*

Sabrina took time to gain public health experience in a field that she is very passionate about—maternal and infant health—before starting nursing school to join the field from the clinical side as a certified nurse midwife. The Virginia Neonatal Perinatal Collaborative (VNPC) is a statewide perinatal quality collaborative for which she began interning as a junior at UR. Sabrina started full time in her current role after graduating in May 2022. As a program specialist, she participates in and monitors statewide quality improvement projects, support post-award and other fiscal administration tasks, and oversee administrative needs of the VNPC. She is also working PRN at VCU Hospital to maintain my clinical skills. She plans to attend nursing school, (a direct-entry MSN program) next year.

Sara Hyman (she/her), ’19
*NYU Langone: Research Coordinator; NYU: M.S. candidate and course assistant | NYU Langone Health Department of Neurology; Graduate school: M.S. in biostatistics at the NYU School of Global Public Health*

After graduating with a B.S. in biology and B.A. in international studies, Sara went to Amman, Jordan as a Boren scholar, studying global health and Arabic. When COVID hit, she refocused to the USA, starting a job at NYU in Vaccine research. She worked with COVID patients on investigator-initiated trials & on vaccine trials including Pfizer & AstraZeneca. During her time at the Vaccine Center, her interests shifted to statistics and big-data/epidemiology, so she started a master of science in biostatistics at the NYU school of global public health. Sara just recently transferred to the Neurology department within NYU where she works on studies within the NYU Langone Department of Neurology focusing on long COVID neurological PASC, & health disparities in neurological disorders.